

Name of Faculty: Dr. Amit Kumar Nayak

Designation: Professor

Department: Pharmacy

Subject: Pharmacology-III (BP 602T)

Unit: IV

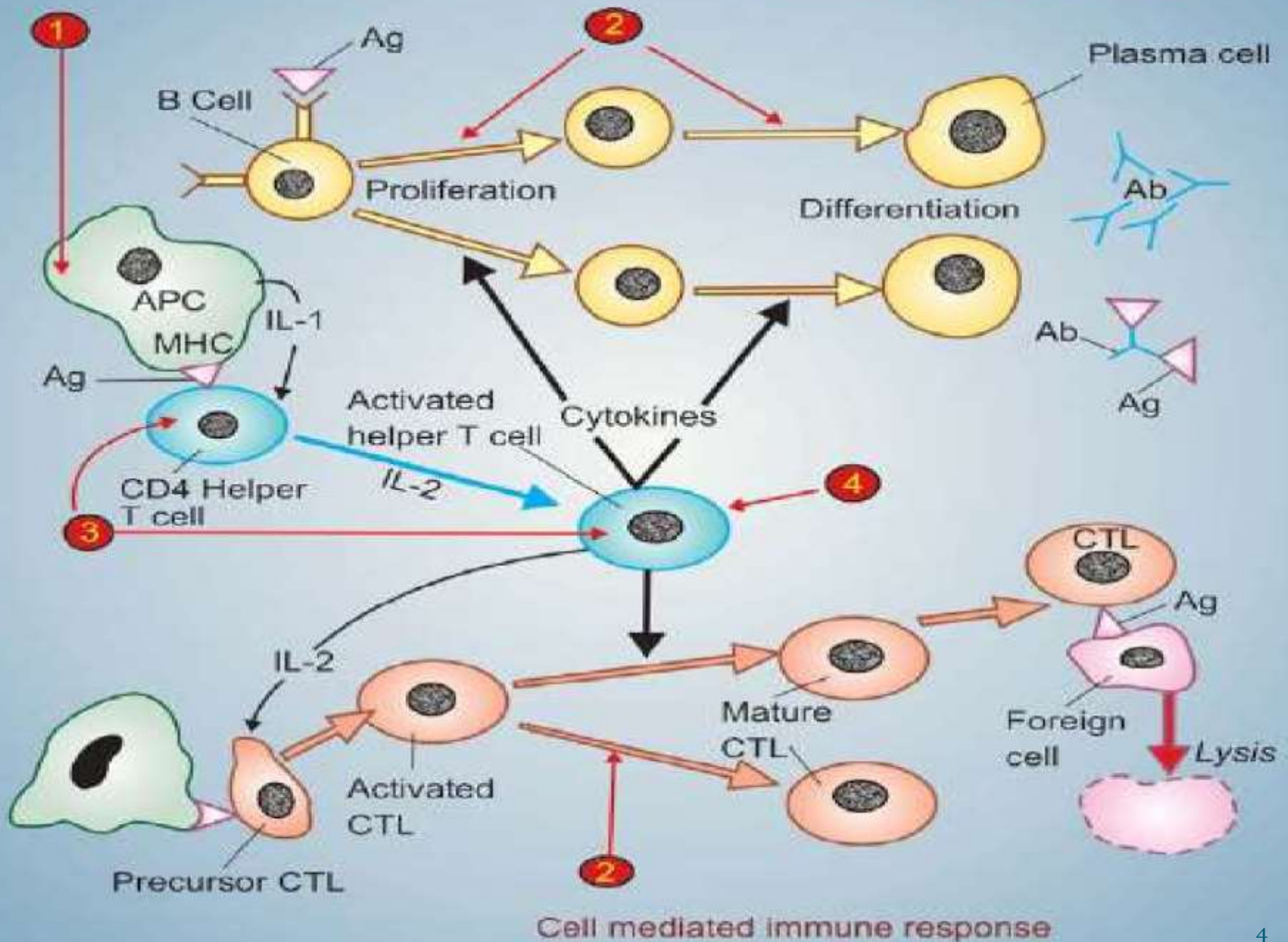
Topic: Pharmacology of Immunosuppressants

Introduction

- Immunosuppressant drugs inhibit cellular/ humoral or both immune response and have their major use in organ transplantation and autoimmune diseases.
- These drugs have met a high degree of success in organ transplant and autoimmune diseases.
- However, such therapies require life time use and non specifically suppresses the entire immune system

- A narrow therapeutic index.
- Therapeutic monitoring plays a key role in maintaining plasma and blood levels of the drug.
- Variation in concentration outside narrow therapeutic range can result in adverse effects.
- Concentrations are not too high or low, thereby reducing the risks of toxicity or rejection.

Humoral immune response



IMMUNOSUPPRESSANT DRUGS

CALCINEURIN INHIBITORS

- Cyclosporine, Tacrolimus

m. TOR INHIBITORS

- Sirolimus, Everolimus

ANTIPROLIFERATIVE DRUGS

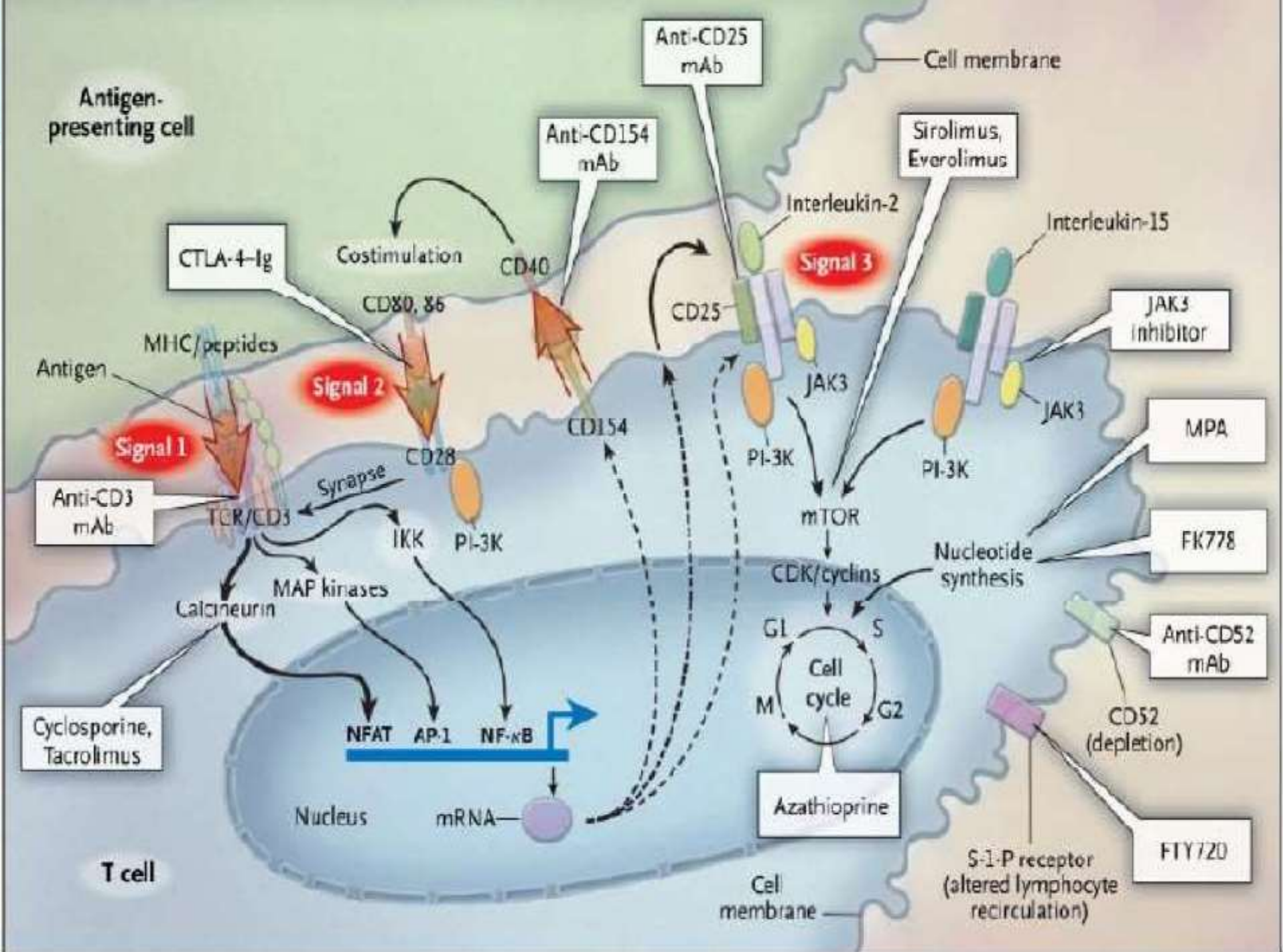
- Azathioprine, Methotrexate, Cyclophosphamide, Chlorambucil, Mycophenolate mofetil.

GLUCOCORTICOIDS

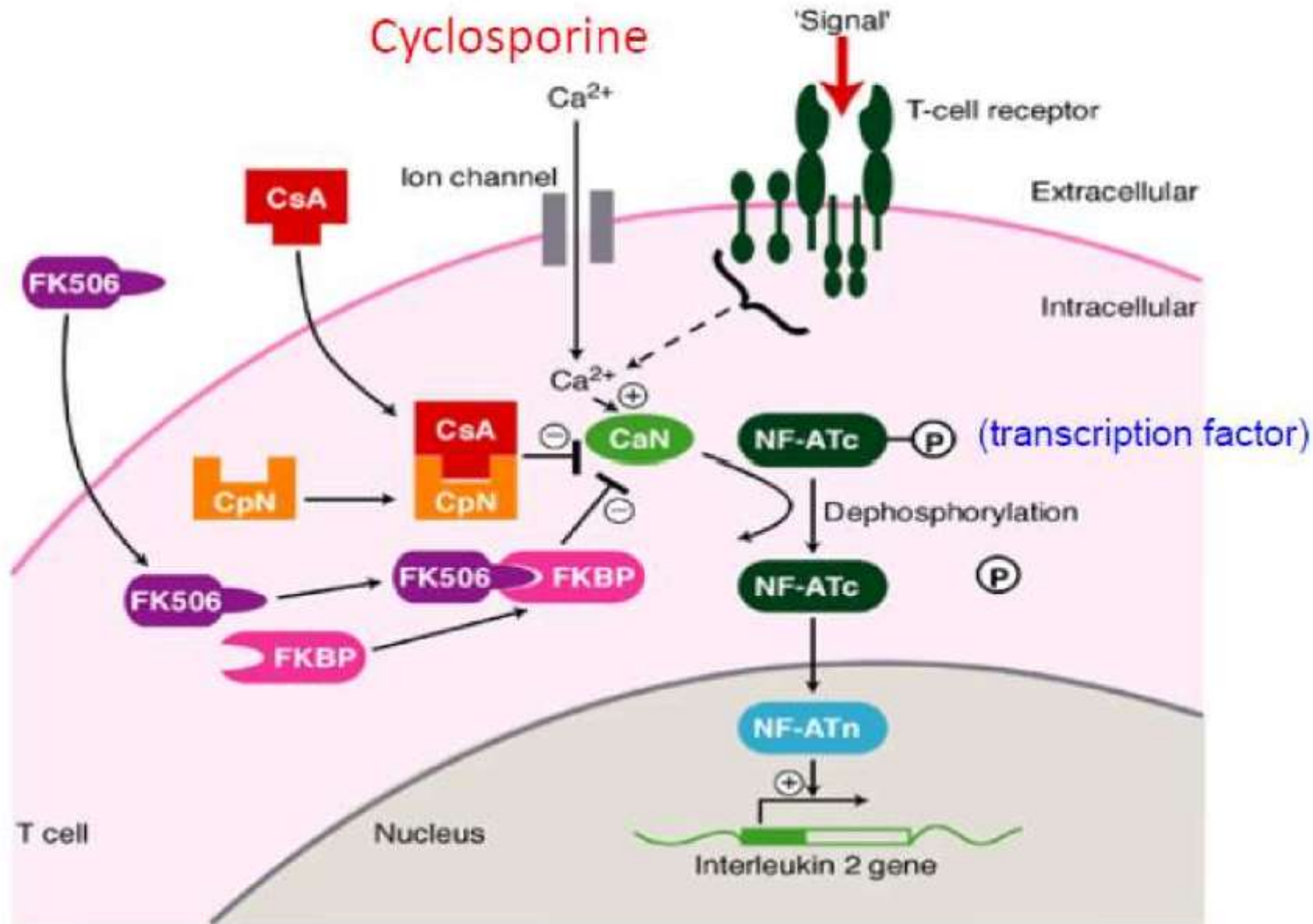
- Prednisolone

BIOLOGICAL AGENTS

- TNF α Inhibitors:- Infliximab, Adalimumab
- IL-1 Receptor antagonist:- Anakinra
- IL-2 Receptor antagonist:- Daclizumab, Basiliximab
- Antibodies:- Muromonab CD3

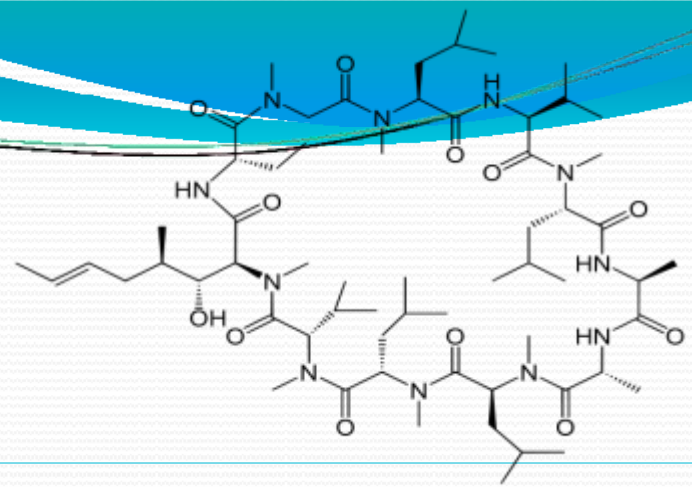


CALCINEURIN INHIBITORS



Mechanism of action of cyclosporine or tacrolimus (FK506)

CYCLOSPORINE



- ❖ Cyclosporine is a cyclic polypeptide with 11 amino acids, derived from fungus ***Tolypocladium inflatum***.
- ❖ Cyclosporine is a specific inhibitor of T-cell mediated immunity which enabled whole-organ transplantation.
- ❖ It is used to prevent rejection of kidney, liver, and cardiac allogeneic transplants.
- ❖ Cyclosporin does not affect nonspecific functions like phagocytosis and metabolism of foreign substances.

Pharmacokinetics:-

- It is effective by both oral and IV route.
- It is metabolized by microsomal enzyme cytochrome P₄₅₀ in the liver.
- Excretion of the metabolites is through the biliary route, with only a small fraction of the parent drug appearing in the urine.
- Plasma half-life is 27 hrs.

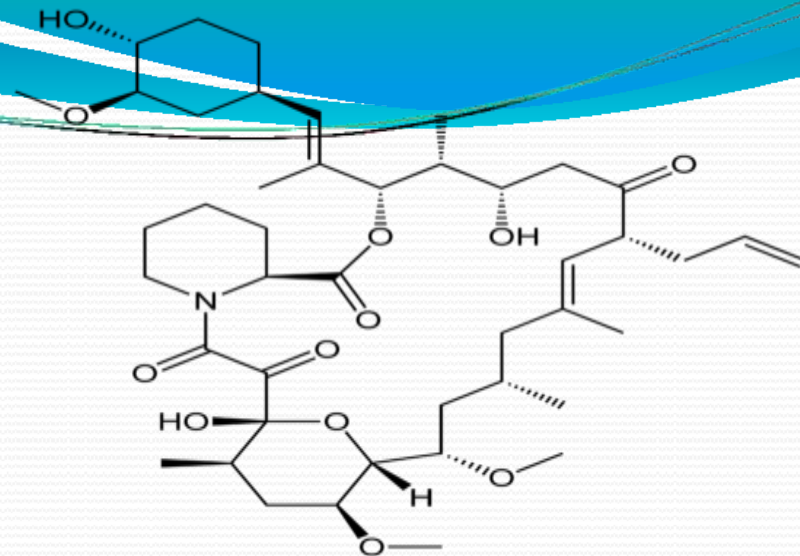
ADVERSE EFFECTS:-

- ❖ *Nephrotoxicity*
- ❖ *Hepatotoxicity*
- ❖ *Anorexia*
- ❖ *Gum hypertrophy*
- ❖ *Hypertension*
- ❖ *Hyperlipidemia*
- ❖ *Hirsutism*
- ❖ *Osteoporosis*
- ❖ *Tremor*
- ❖ *Seizures*

Uses:-

- In organ transplantation:- Kidney, liver, bone marrow, and other transplants.
- Autoimmune disorders:- severe psoriasis, uveitis, atopic dermatitis, inflammatory bowel disease and nephrotic syndrome.
- In treatment of asthma.
- Rheumatoid arthritis.
- Early treatment of type-1 diabetes.
- Prevention and treatment of graft rejection reactions.

TACROLIMUS



- ❖ *Tacrolimus , originally called FK506.*
- ❖ *It is a macrolide derived from soil fungus *Streptomyces tsukabaensis*.*
- ❖ *It is generally 50-100 times more potent than cyclosporine.*
- ❖ *Use:-*
For prevention and graft rejection in organ transplantation similar to cyclosporine.

Pharmacokinetics:-

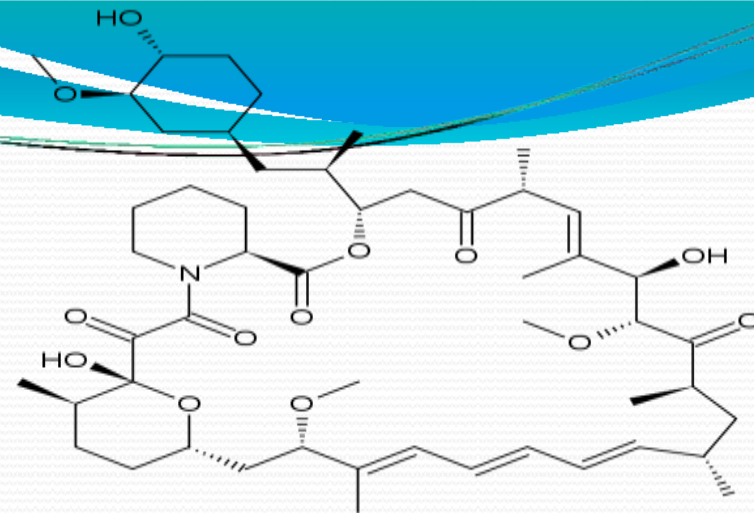
- It can be given orally or intravenously.
- Absorption is decreased if the drug is taken with high-fat meals.
- Highly bound to serum proteins and concentrated in erythrocytes.
- Metabolized by cytochrome P-450 enzyme.
- Excreted in bile.
- Half-life of 12hr.

ADVERSE EFFECTS:-

- ❖ *Nephrotoxicity.*
- ❖ *Gastrointestinal disturbances.*
- ❖ *Hypertension.*
- ❖ *Hyperglycaemia.*
- ❖ *Tremors.*
- ❖ *Seizures.*
- ❖ *Hallucinations.*
- ❖ *Alopecia*
- ❖ *Diarrhoea.*
- ❖ *Insulin-dependant diabetes mellitus.*

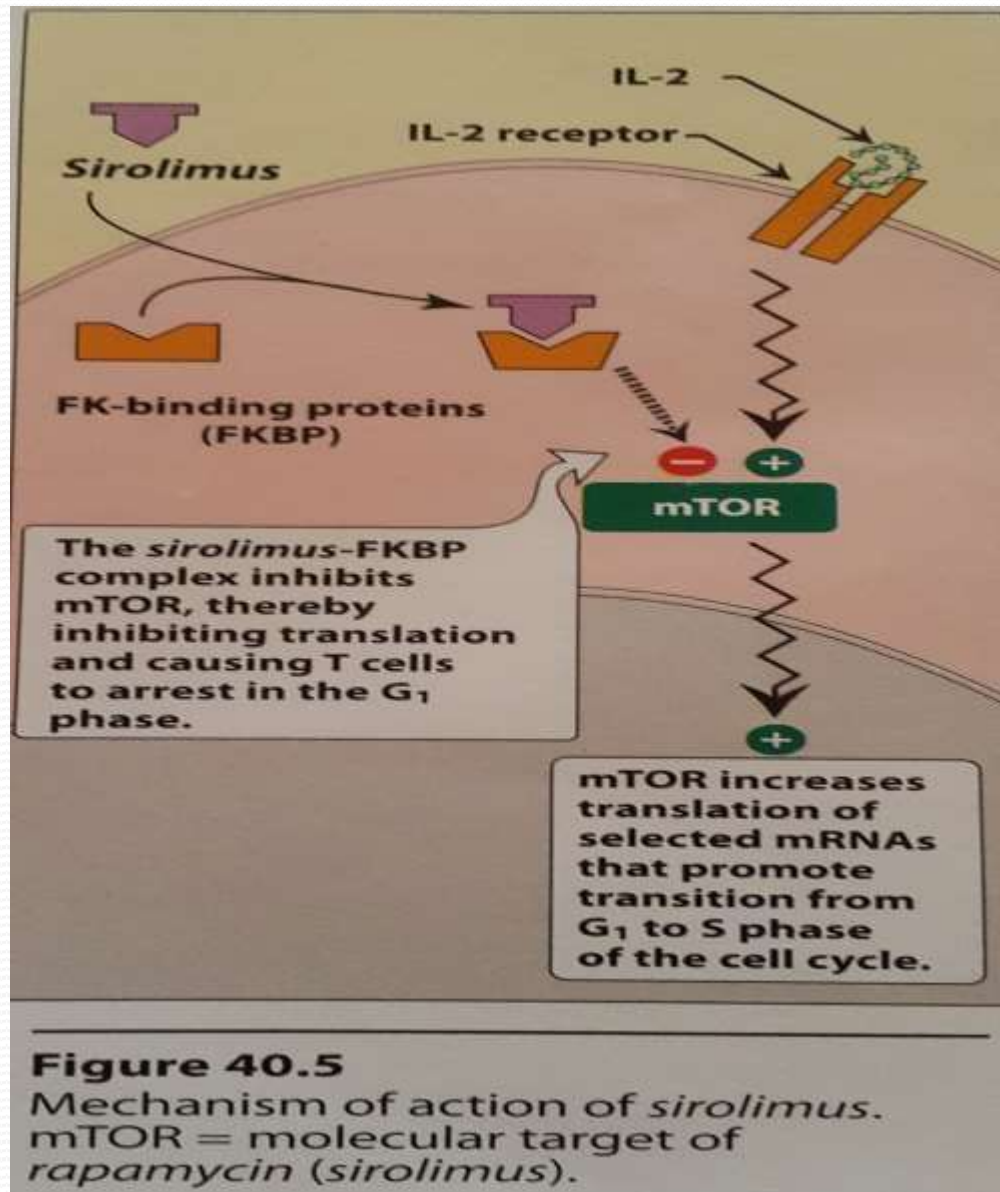
m-TOR inhibitors

SIROLIMUS:-



- Sirolimus is a macrolide antibiotic.
- Earlier named as Rapamycin.
- It is obtained from *Streptomyces Hygroscopicus*.
- It acts by inhibiting the activation of T-cells.

Mechanism of action:-



Pharmacokinetics:-

Available only as oral preparation.

- Rapidly absorbed, high fatty meals can decrease the drug's absorption.
- It is extensively bound to plasma protein.
- Metabolized by cytochrome P-450 enzyme.
- Plasma half-life ~60hr.
- The parent drug and its metabolite are predominantly eliminated in the faeces.

ADVERSE EFFECTS:-

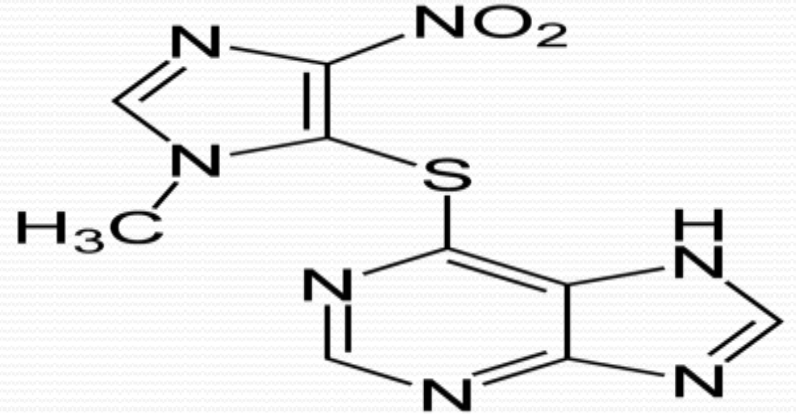
- ❖ *Hyperlipidemia*
- ❖ *Headache*
- ❖ *Nausea*
- ❖ *Diarrhoea*
- ❖ *Hypertension*
- ❖ *Leukopenia*
- ❖ *Thrombocytopenia*

Uses:-

- Organ transplantation
- Psoriasis
- Choreoretinitis
- Coronary stents
- Stem cell transplant

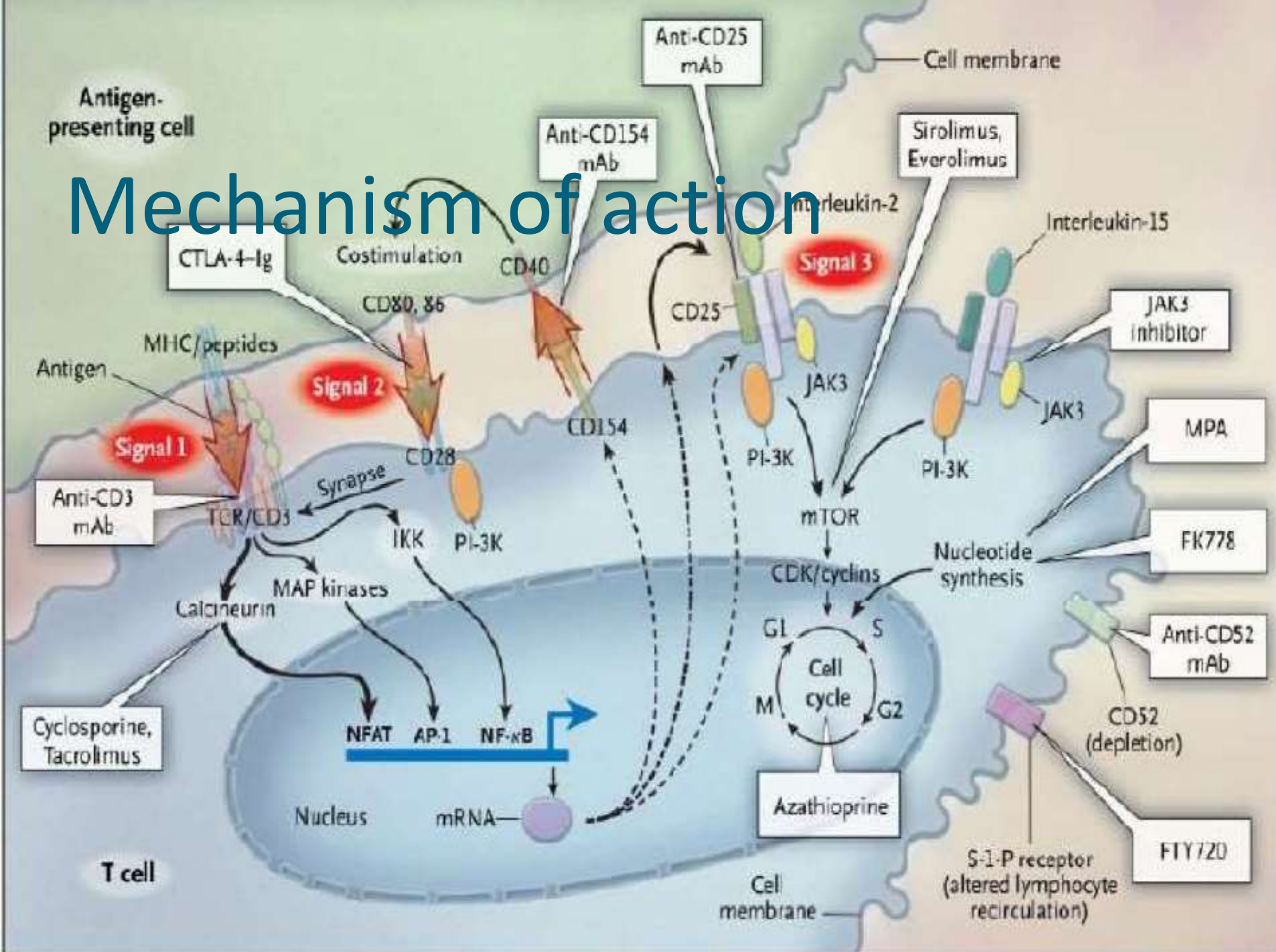
ANTIPROLIFERATIVE DRUGS

AZATHIOPRINE:-



- It is a prodrug of mercaptopurine which is a purine analog.
- It was the first drug to be used for suppression of the immune system after transplantation.

Mechanism of action



Pharmacokinetics:-

- Well absorbed orally.
- Half-life of 5 hours.
- Moderately bound to plasma proteins.

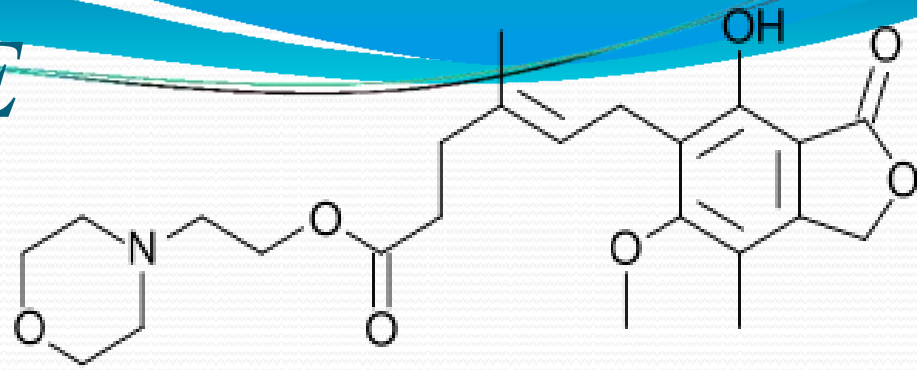
ADVERSE EFFECTS:-

- ❖ *Bleeding gums.*
- ❖ *Chest pain.*
- ❖ *Fever or chills.*
- ❖ *Painful urination.*
- ❖ *Sore throat.*
- ❖ *Swollen joints.*
- ❖ *Leukopenia.*
- ❖ *Bone marrow suppression.*
- ❖ *Hepatic dysfunction.*

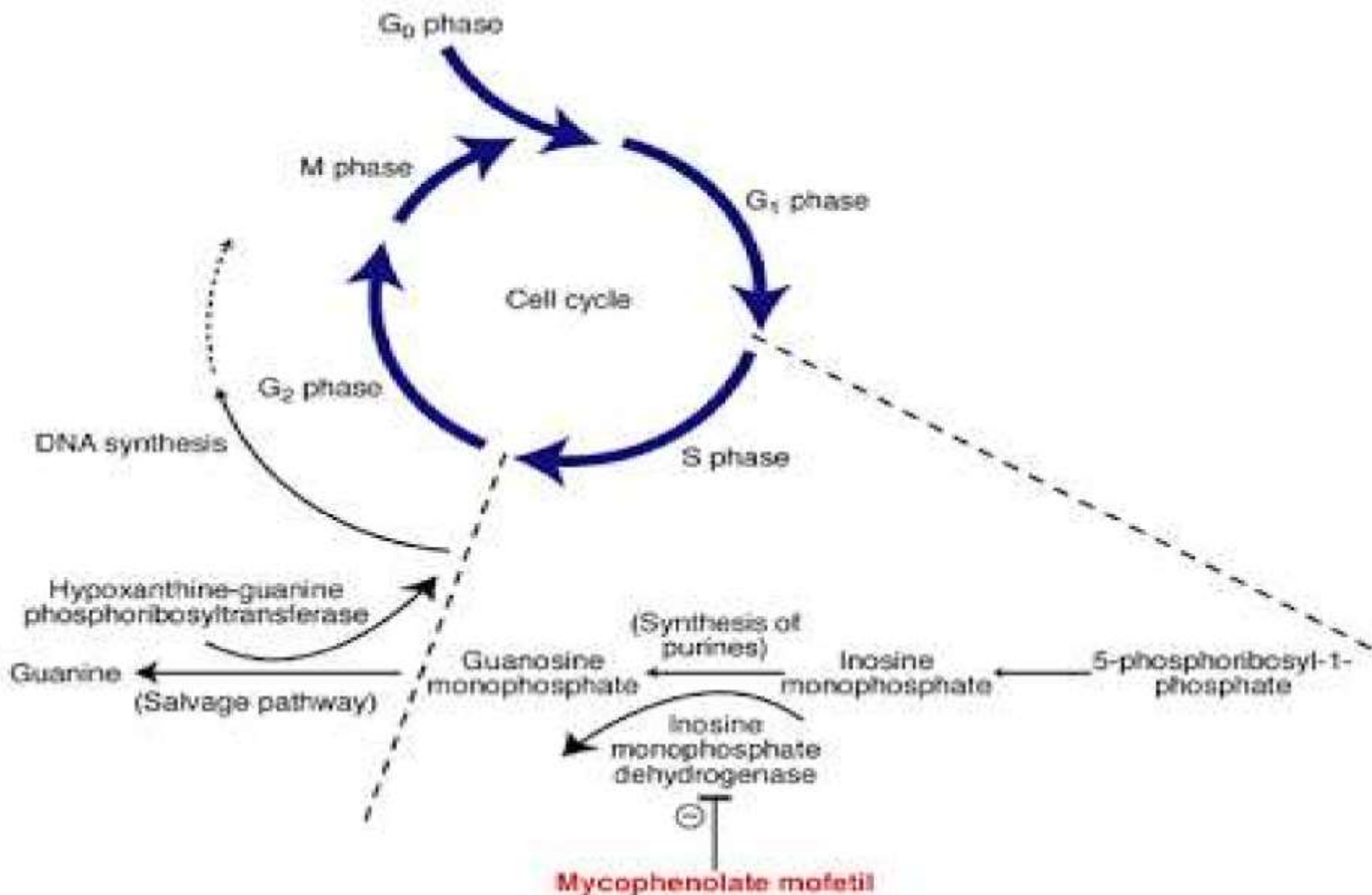
Uses:-

- Prevention kidney transplantation rejection.
- To reduce signs and symptoms of active rheumatoid arthritis.

MYCOPHENOLATE MOFETIL:-



- It is a newer immunosuppressant.
- It is a semi synthetic derivative of mycophenolic acid.
- It is an inhibitor of inosine monophosphate dehydrogenase.



Mechanism of action of mycophenolate mofetil

Pharmacokinetics:-

- Rapidly absorbed orally.
- Half-life is ~16hr

ADVERSE EFFECTs:-

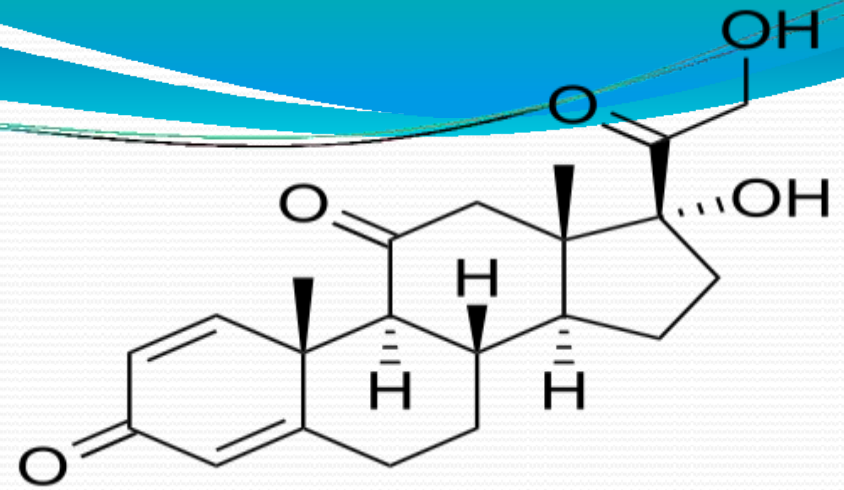
- ❖ Vomiting.
- ❖ Diarrhoea.
- ❖ Leucopenia.
- ❖ Headache.
- ❖ Gastrointestinal disturbances.
- ❖ Hypertension.
- ❖ Bone marrow suppression.
- ❖ Soft stools.
- ❖ Anorexia.

Uses:-

- In treatment of autoimmune disease.
- In rheumatoid arthritis.
- In treatment of myasthenia gravis.
- Psoriasis.
- Autoimmune hemolytic anaemia.
- Inflammatory bowel disease.
- Kidney transplantation.

GLUCOCORTICOIDS

PREDNISOLONE:-



- Nonspecific anti-inflammatory that interrupts multiple steps in immune activation.
- Highly effective for prevention of rejection.
- Many adverse-effects long-term.

ADVERSE EFFECTS:-

- ❖ Weight gain,
- ❖ Hypertension
- ❖ *Hyperlipidemia*
- ❖ Osteopenia
- ❖ Hyperglycemia
- ❖ Poor wound healing
- ❖ Myopathy
- ❖ Cataracts
- ❖ Peptic ulcers

Uses:-

Used in combination with other Immuno-suppressant drugs.

BIOLOGICAL AGENTS

MUROMONAB-CD3(OKT3):-

- It is a murine monoclonal antibody that is synthesized by hybridoma technology.
- It is used in treatment of acute rejection of renal allografts, etc.
- It is used to deplete T-cells from donor bone marrow prior to transplantation.
- Use as second-line agent when cyclosporine and glucocorticoids fail.

MECHANISM OF ACTION:-

- Muromonab-CD₃ binds to CD₃ antigen which obstructs the approach of MHCII-antigen complex to the T-cell receptor.
- This prevents the participation of T-cell in the immune response.
- The T-cells get rapidly depleted from blood, partly by cytolysis and partly by their migration to non-lymphoid organs.
- T-cells usually return to normal within 48hrs of discontinuation of therapy.

Pharmacokinetics:-

- The antibody is administered intravenously.
- The antibody is extensively metabolized and predominantly excreted in the bile.

ADVERSE EFFECTS:-

- ❖ *Anaphylactoid reactions.*
- ❖ *High fever, chills, wheezing, malaise.*
- ❖ *Seizures.*
- ❖ *Encephalopathy.*
- ❖ *Cerebral edema.*
- ❖ *Aseptic meningitis.*
- ❖ *Headache.*

INTERLEUKIN-2 RECEPTOR

antagonist:-

IL-2 antagonist



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graph TD; A[IL-2 antagonist] --> B[DACLIZUMAB]; A --> C[BASILIXIMAB];
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DACLIZUMAB

BASILIXIMAB

- Both agents have been approved for prophylaxis of acute rejection in renal transplantation.

MECHANISM OF ACTION:-

- Both Daclizumab and Basiliximab are anti-CD25 antibodies.
- Both bind to the α -chain of the interleukin-2 receptor on the activated T-cells and interfere with the proliferation of the T-cells.
- Basiliximab is ten-fold more potent than daclizumab.
- Blockade of the IL-2 receptor foils the ability of any antigenic stimulus to activate the T-cell response system.

Pharmacokinetics:-

- Both the antibodies are given intravenously.
- DACLIZUMAB:-
 - Serum half-life is about 20 days.
 - Blockade of the receptor is 120 days.
- BASILIXIMAB:-
 - Serum half-life is about 7 days.

ADVERSE EFFECTs:-

- ❖ *Gastrointestinal disorders.*

Standard Regimens

- *Tac/Steroid/MMF or MPA (49%)*
- *Cyclosporin/Steroid/MMF or MPA (28.5%)*
- *Tac/MMF or MPA (3.8%)*
- *Tac/Steroid (1.9%)*
- *Steroid/MMF or MPA (0.9%)*
- *Tac alone (0.6%)*